

*“And Jesus Answering Said unto them, ‘They that are whole need not a physician; but they that are sick. I came not to call the righteous, but sinners to **Repentance**.’”*  
*Luke 5:31-32 KJV*



Repentance is the choice that stops one thing in preference of another. Preference is predicated on desire, desire depends on priorities, and priorities are determined by focus. Your focus is what occupies your thoughts at any given moment, so to choose your deeds starts with choosing your thoughts. It may at first glance seem easy enough, but some things, like physical pain or grief, will command our focus. Addiction is another thing that will coerce focus. It is difficult to maintain Spiritual focus in the throes of physical agony, which is why you must train your thoughts to habitually follow Truth, so when the flesh clamors for attention you automatically turn to God as your focus. Our emotions more often than not temper our thoughts and thereby choices and deeds. God’s Word teaches us *“Godly Sorrow Leadeth thee to repentance.”* Remorse is not repentance, so we must ask, “Is it Godly Sorrow?” We can determine if it is with the honest answer to one question: “Why am I sorry?” The only right answer is “I have grieved my Saviour Who Loves me and died bearing this sin and guilt for me!” The best place for repentance is in the very origin of thought. By knowing what God’s Word says and believing it, I can immediately ascertain the righteousness or sinfulness of my focus and then choose rightly what to allow, either by overt choice or trained reflex. We must not wait until after a deed is done or a hasty word spoken to repent, because it is often too late to avoid the consequences! *“Be not deceived; God is not mocked; whatsoever a man soweth, that shall he also reap.”* The words and deeds that proceed from our thoughts are the seeds of our harvest. *“The wages of sin is death.”*

If I repent before I choose,  
The Path of Right I cannot lose,  
And if I keep the Truth in thought,  
My battles will be won when fought. –CGP

*“For he that soweth to his flesh shall of the flesh reap corruption; but he that soweth to the Spirit shall of the Spirit reap Life Everlasting. And be not conformed to this world: but be ye transformed by the renewing of your MIND, that ye may prove what is that Good, and Acceptable, and Perfect, Will of God. And be renewed in the spirit of your Mind. Let This MIND (Truth) be in you, Which Was also in Christ Jesus:”* It’s better to repent of sin while still a thought, than reap its harvest from a wrong choice.

*“Thy Word have I hid in mine heart, that I might not sin against Thee.” Psalms 119:11 KJV*