

*"In the multitude of my thoughts within me Thy comforts delight my soul." Psalm 94:19 KJV*



Comfort is the lack of stress and need. When our soul is mulling over a thousand “what ifs” and a hundred possibilities, Truth is the one thing to which we can anchor our soul. God’s promises to the faithful are steadfast for He is omnipotent and cannot lie. A Super Nova is a hiccup compared to the power of Almighty God. God promised every “need” will be supplied, if we obey, and known before we ask. *“Your Father knoweth what things ye have need of, before ye ask him. Therefore take no thought, saying, ‘What shall we eat?’ or, ‘What shall we drink?’ or, ‘Wherewithal shall we be clothed?’ for your heavenly Father knoweth that ye have need of all these things. But seek ye first the kingdom of God, and his righteousness; and all these things shall be added unto you.”* If my water heater blows up, my car breaks, or my house burns down, I can calmly trust Father. He knew ahead of time it would happen and has supplies at the ready for my request and need. *“Casting all your care upon Him; for He careth for you.”* It’s like having a AAA card. Highway trouble needs but a call. The tow truck is waiting and dispatched immediately upon request. I need only wait. I don’t wait worrying *if* it’s coming; I wait *knowing* it’s coming. The exact time of arrival is unknown, but I remain confident. God is more trustworthy than AAA. His timing is always perfect, so I need only ask and wait. *“They that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.”* I must know and believe that every promise in the Word of God is an absolute. Many times we don’t think of stress as disobedience, but we are commanded *“having food and raiment, therewith to be content.”* It’s not an admonition, it’s a command. Worrying or complaining, instead of asking and waiting, is disobedience. Do you reward children that are disobedient? Neither does God. Ask and then wait. If God stops you, maybe there’s a soul nearby that needs your ministry and help. Perhaps God is protecting you or delaying you so you won’t miss a readied provision. It is important to trust in Truth at all times so our soul remains comforted. I can’t trust what I do not know. *“Thou shalt meditate therein day and night...observe to do according to ALL (not just the bits you like) that is written therein: for then thou shalt make thy way prosperous, and then thou shalt have good success.”* Some worry, because it deludes them that they are doing something, but you’re only discouraging yourself. When has that ever helped anything? Make sure the focus of your thought life is Truth and you will always be “comforted” in conflict. Believers are indwelt with the “Comforter” whose purpose is to *“guide you into all Truth.”*

Great peace will calm the troubled mind,  
If, in the Truth, it comfort finds,  
No wave or storm will sink their bole,  
For Christ will calm and heal their soul. ~CGP

*“Pray without ceasing”* is the blessing of God for every trial the faithful encounter in their pilgrim journey. If God walks beside us always, loves us with an *“everlasting love,”* owns everything, and promised our every need supplied, it would be downright foolish to not confide in Him our deepest concerns and greatest joys. *“We have not, because we ask not.”* Did you leave your care with God, or did you pick it back up and carry it?

*“Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.” Isaiah 41:10 KJV*